

THE SEVENTH DAY

Genesis Series – Study # 4

Introduction

- “Sabbath” is from the Hebrew *shabbat* meaning “cessation, _____”.
- Sabbath is the practice of using one day in seven as a time for _____ and _____.

Text: Genesis 2:1-3

On the seventh day ...

1. God finished his _____.
2. God _____. (Isaiah 40:28)
3. God _____ the day.
4. God made the day _____.
God set the Sabbath apart for His own special _____.

History of the Sabbath

1. Its _____ is found in the story of creation. (Genesis 2:1-3)
2. It was practiced before the _____ was given. (Exodus 16:22-29)
3. It was established as one of the ten _____. (Exodus 20:8-11)
4. It was declared to be a sign of the _____ between God and Israel. (Exodus 31:12-17)
5. It was _____ many times throughout Israel’s history, leading to God’s discipline. (2 Chronicles 36:14-21; Ezekiel 20:1-32; Isaiah 58:13-14; Jeremiah 17:19-27)
6. By the time of Jesus, its regulations and restrictions had been greatly expanded by religious leaders, making it a _____ God never intended. (Matthew 15:8-9; Luke 11:46)
7. Its purpose as being for man’s _____ was clarified by Jesus. (Mark 2:27-28)

8. Jesus _____ attended worship on the Sabbath. (Luke 4:16)
9. Paul taught that Christian believers were no longer “under the _____.” (Galatians 2:3-5; 4:1-11; 5:1; Colossians 2:16-17)

Christian views of Sabbath observance

1. Some believe that since the Sabbath was established before the law, it should still be observed by all believers on _____.
2. Some believe that the day of worship was _____ from the Sabbath (Saturday) to “the Lord’s day” (Sunday).

The first Christian believers met daily for worship and fellowship (Acts 2:46) but they also gathered on the _____ day of the week, the day of Christ’s resurrection. (John 20:19, 26; Acts 20:7; 1 Corinthians 16:2)

3. Some believe that there is _____ established day when believers are required to worship, although gathering for worship at some time is _____ for believers.
- We should _____ judge or condemn other Christians concerning their view of the Sabbath. (Romans 14:1-15:7; Colossians 2:16)
 - Instead, we should practice love and mutual _____.

The ultimate Sabbath rest – Hebrews 3:12-4:11

Application

1. _____ health and productivity are dependent on regular rest.
2. _____ health is dependent on regular worship with other believers. (Hebrews 10:24-25)